

Culture and Health
2024

Visual Art and Health



Aula polivalente
Sector A
East Campus

October
– December 2024
18.00–19.45

University course
open to the public

The lessons will be held
in Italian and English with
simultaneous translation
in Italian.

Lessons will be recorded
and published online
at the end of the course.



For info and
full programme
www.usi.ch/en/node/29049

Image Credits:
David Tremlett
Rhythm and Form, 2016
with Ferruccio Dotta,
Lola Bunting and students
from Academy of Fine Arts
of Turin
Housing Giulia,
Social District Barolo, Turin
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Once again this year, figures from the world of science and culture, along with professors from the Faculty of Biomedical Sciences and the Academy of Architecture at Università della Svizzera italiana (USI), coordinated by Enzo Grossi and Luigi Di Corato, will engage in discussions for seven Mondays on seven topics that connect the visual arts to the health and well-being of individuals. This is what “Visual Arts and Health” offers, the fourth edition of the *Cultura e Salute* (Culture and Health) course promoted by the Faculty of Biomedical Sciences at USI in collaboration with the Cultural Division of the City of Lugano and IBSA Foundation for scientific research.

Università
della
Svizzera
italiana

Faculty
of
Biomedical
Sciences



Monday
07
October

Visual thinking strategies in medicine

Speaker: **Vincenza Ferrara**, Sapienza University of Rome; Associazione VTSItalia (IT)
Discussants: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
and **Fabrizio Consorti**, Teaching Quality and Innovation Group (QuID), Sapienza University of Rome; Past-president SIPeM (IT)

Monday
14
October

How art changes our brain

Speaker: **Semir Zeki**, University College London (UK)
Discussants: **Luigi Di Corato**, Director of the Cultural Division of the City of Lugano (CH)
and **David Tremlett**, Artist, photographer and sculptor (UK-CH)

Monday
28
October

Do museums really make you feel better?

Speaker: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
Discussant: **Luigi Di Corato**, Director of the Cultural Division of the City of Lugano (CH)
and **Christoph Frank**, Full Professor, USI Academy of Architecture (CH)

Monday
04
November

Art therapy and psychotherapy: models and practices

Speaker: **Roberta Pedrinis**, Private practice of psychotherapy and art therapy in Tesserete (CH), art therapist at the Ticino Cancer League (CH)
Discussant: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
and **Angelo Compare**, Full Professor of Clinical and Health Psychology at the University of Bergamo (IT)
and Head of the Psychology Team at the CDI, Italian Diagnostics Centre (IT)

Monday
18
November

Effectiveness of Art Therapy in Medicine: the evidence speaks for itself

Speaker: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
Discussant:
Enzo Grossi, IBSA Foundation (CH); Villa Santa Maria Foundation (IT) and
Gianna Carla Riccitelli, Institute of Clinical Neuroscience, EOC; Faculty of Biomedical Sciences USI (CH)

Monday
25
November

Art in hospitals: past and present

Speaker: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
Discussant: **Luigi Di Corato**, Director of the Cultural Division of the City of Lugano (CH),
Walter Angonese, Director, Dean and Full Professor of the Academy of Architecture USI (CH)
and **Michael Groetzer**, Prof. Dr. med, Medical Director, Kinderspital Zurich; Full Professor of Paediatrics, University of Zurich (CH)

Monday
02
December

How cinema becomes therapy

Speaker: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
Discussant: **Enzo Grossi**, IBSA Foundation (CH); Villa Santa Maria Foundation (IT)
and **Fulvia Salvi**, President, Medicinema Italy (IT)

In partnership with
The City of Lugano's Cultural Department, IBSA Foundation for scientific research

